PLANT FACT SHEET

Cyphostemma manikense Descoings ex Wild. & Drumm.

GENUS *Cyphostemma* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A herb. It grows 60 cm tall. It has a stout rootstock. The stems are stout and hairy. The leaves have 5 leaflets spread out like fingers on a hand. The leaf stalk is 10 cm long. The leaflets are 10 cm long by 4 cm wide. They are narrowly oval. There are teeth along the edge. The flowers are in groups at the top of the plant. The petals are red at the base and greenish above.

HABITAT

It is a tropical plant. It grows in open woodland.

REFERENCES

Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 61

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6ac4db34-7b85-4c85-aba2-3b7a0bead278