PLANT FACT SHEET

Callirhoe involucrata (Torr. & A. Gray.) A. Gray.

GENUS *Callirhoe* **FAMILY** Malvaceae

COMMON NAMES Poppy mallow, Buffalo rose

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The root is cooked and eaten. It can also be fried. It can be dried and ground into flour. This can be used to thicken soups and casseroles.
The leaves are used to thicken soup.

DESCRIPTION

A low growing sprawling plant. It keeps growing from year to year. It grows 15-30 cm high and spreads 30-60 cm wide. The root is large and tapers. The stems lie along the ground. They are hairy and 15 cm long. The leaves have 3 to 7 lobes. The leaves are 2.5-5 cm long. The flowers are red or purple. They are on long erect stems.

HABITAT

It is a temperate plant. It grows on mountain slopes and in warm dry areas. It is resistant to drought. It will grow in a range of soils. It suits hardiness zones 5-8.

PRODUCTION

Cultivation

Plants can be grown by seeds or division of the root.

NOTES

There are 9 Callirhoe species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6ad24341-7024-4040-acbc-efa528714d4e