PLANT FACT SHEET

Aeschynanthus parviflorus (D. Don) Spreng.

GENUS *Aeschynanthus* **FAMILY** Gesneriaceae

COMMON NAMES Sikkim blushwort

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten with meat. They are also eaten raw.

DESCRIPTION

A shrub. It grows hanging on larger plants. The stems are green and 1 m long. The leaves are opposite and thick and leathery. They are sword shaped and 12 cm long. The flowers are red and 3 cm long. They are in clusters at the ends of the branches. The flowers are tube shaped with small rounded petals at the tip. The fruit is a narrow capsule 30-50 cm long. The seeds have long hairs.

HABITAT

It is a tropical plant.

REFERENCES

Kar, A., et al, 2013, Wild Edible Plant Resources used by the Mizos of Mizoram, India. Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126 (As Aeshynanthus maculata)

Khodram,S. D., et al, 2019, Local knowledge of edible flowers used in Mizoram. Indian Journal of Traditional Knowledge Vol 18(40 pp 715-723

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6ae81f77-1c01-4bcd-a2ae-2ed0317827f9