PLANT FACT SHEET

Calyptrogyne ghiesbreghtiana (Linden & H. Wendl.) H. Wendl.

GENUS *Calyptrogyne* **FAMILY** Arecaceae

COMMON NAMES Capuca

EDIBLE PARTS AND USES

Edible parts: Flowers, Shoots, Leaves

The staminodes are sweet and edible.

DESCRIPTION

A palm. It grows 1.5 m tall. It has spines. The leaves are 70-130 cm long. The fruit are about 2 cm across. They are oval and black and have 2 seeds.

HABITAT

A tropical plant. It grows in humid locations from sea level to 1,500 m altitude. Cairns BG.

NOTES

There are about 17 Calyptrogyne species. They occur in Central America.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b32f54f-9a2a-4a83-a651-cf7c2519b243