PLANT FACT SHEET

Vicia narbonensis L.

GENUS *Vicia* **FAMILY** Fabaceae

COMMON NAMES French vetch, Narbonne vetch

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Pods

The seeds are cooked as a snack and are also eaten raw or roasted.
The fresh pods are eaten raw.

DESCRIPTION

A herb. It is similar to broad bean. It is a short hairy annual plant. The stems are robust but not climbing. The leaves have 2-3 pairs of oblong leaflets. The lower leaves do not have tendrils. The leaflets and stipule may or may not have teeth. The flowers are white with purple veins or all purple. They are 20-30 mm long. The flowers occur singly or in pairs. The pods are black or brown and 30-70 mm long.

HABITAT

It is a Mediterranean climate plant. It grows in both cultivated and waste places.

NOTES

There are about 140 Vicia species. They are mostly temperate.

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