PLANT FACT SHEET

Scleromitrion lancifolium (Schumach.) Y.D.Zhou

GENUS *Scleromitrion* **FAMILY** Rubiaceae

COMMON NAMES Calycose mille graines

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A straggling annual herb. It branches from the base into simple stems. These are 20-60 cm long. The leaves are opposite or in rings of 3. They are narrowly sword shaped. The flowers usually occur singly. The fruit is a flattened capsule. It is 2-3 mm long and has a beak.

HABITAT

A tropical plant. It grows in wet places between 600-1,560 m above sea level. It grows on river banks. It suits the seasonally dry tropics.

REFERENCES

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Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 92 (As Oldenlandia lancifolia)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 217 (As Oldenlandia lancifolia)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b397d21-0e8c-41cc-a0d7-4697f11bb4cb