PLANT FACT SHEET

Breynia fruticosa (L.) Mull. Arg.

GENUS *Breynia* **FAMILY** Phyllanthaceae

COMMON NAMES Khon ma

EDIBLE PARTS AND USES

Edible parts: Leaves

The young shoots are cooked and eaten.

DESCRIPTION

A shrub. It grows up to 3.5 m high. The leaves are oval and 3-8 cm long by 2-3 cm wide. The edges are often curved back. Male and female flowers are separate.

HABITAT

It is a tropical plant. It grows in sunny places on the edges of forests. In China it grows between 100-1,000 m above sea level. In Sichuan and Yunnan.

NOTES

Also put in the family Euphorbiaceae.

REFERENCES

www.nationalherbarium.nl/thaueuph/ Flora of Thailand.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b41b683-7174-43dc-873d-55eea561ce67