PLANT FACT SHEET

Blyxa japonica Maxim. ex Aschers & Guerke

GENUS *Blyxa* **FAMILY** Hydrocharitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw with papaya salad or sour chopped meat salad.

DESCRIPTION

A plant which grows in water. It is 15-60 cm high. The leaves are flat and narrow. They are 1.5-7 cm long and 0.8-4 mm wide. The bract around the flower in like a long cylinder and 15-20 cm long. The is one flower 3-10 mm long and white. The fruit is long and narrow. It is 1.5-2 cm long and 2.5-4 mm wide. The seeds are green. They are like a spindle. About 10-40 seeds occur in each fruit. They are 1.5-2.5 mm long.

HABITAT

A tropical plant. It is found in swamps and rice fields. In Sichuan.

NOTES

There are 10 Blyxa species. They grow in the tropics. The Hydrocharitaceae grow in water.

REFERENCES

Jacquat, C., 1990, Plants from the Markets of Thailand. D.K. Book House p 101

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b437651-5cf5-4fea-8d09-ca2aeb64c852