PLANT FACT SHEET

Cirsium esculentum (Siev.) C. A. Mey.

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Edible field thistle

EDIBLE PARTS AND USES

Edible parts: Roots

DESCRIPTION

A thistle herb. It doesn't have a stem and keeps growing from year to year. The leaves are in a ring at the base. The leaves are 6-21 cm long by 3-7 cm wide. They are divided into 4-7 pairs of segments.

HABITAT

It is a temperate plant. It grows between 500-3,200 m above sea level in Central Asia.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b5acd6c-f4e4-4a2a-b030-0a44e512df96