PLANT FACT SHEET

Japanobotrychium lanuginosum (Wallich ex Hooker & Greville) Nishida ex Tagawa

GENUS *Japanobotrychium* **FAMILY** Ophioglossaceae

COMMON NAMES Jaluko, Grape fern

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The tender fronds are cooked as a vegetable.

DESCRIPTION

A fern which grows on land. It has a stout rhizome. The fern is fleshy. It is covered with hair like scales. The fronds are solitary and 12-35 cm long. They are delta shaped. The stipes are about 30 cm long and like fibres. The fertile branch arises from the middle of the sterile portion. It is divided 3 times. The sporangia are yellow. They occur in two rows.

HABITAT

It is a temperate plant. It occurs throughout Nepal between 1500-3000 m altitude. It grows in exposed, wet places. It can be on rocky walls where humus has accumulated.

PRODUCTION

Cultivation

Plants can be grown from spores or fragments of the rhizome.

NOTES

There are about 25-40 Botrychium species.

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