PLANT FACT SHEET

Phleum pratense L.

GENUS *Phleum* **FAMILY** Poaceae

COMMON NAMES Timothy grass

EDIBLE PARTS AND USES

Edible parts: Stems

The stems are eaten as a snack.

DESCRIPTION

A grass. It grows 48-150 cm tall. The leaves are up to 43 cm long by 1.3 cm wide. The flower head is 5-15 cm long and 6-13 mm wide. The spikelets are broad and densely packed. The stamens are pink.

HABITAT

It is a temperate plant.

REFERENCES

Kolosova, V., et al, 2020, Foraging in Boreal Forest: Wild Food Plants of the Republic of Karelia, NW Russia. Foods 2020, 9, 1015; p 19

Sitpayeva, G. T., et al, 2020, Crop wild relatives of Kazakhstani Tien Shan: Flora, vegetation, resources. Plant Diversity 42 (2020) 19-32

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b6c4a0c-4fc5-40e5-8e43-a000c87564ac