PLANT FACT SHEET

Watsonia lepida N. E. Br.

GENUS *Watsonia* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: flower - nectar

The nectar is eaten as a snack.

DESCRIPTION

A corm or bulb plant. It grows 70 cm tall. There are 2 or 3 leaves near the base. These are 5-15 mm wide. The edges are thickened. The flowers occur as 12-22 flowers in a spike.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 69

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b713716-2dff-441a-9928-afe09ebce944