PLANT FACT SHEET

Pollia macrophylla (R. Br.) Benth.

GENUS *Pollia* **FAMILY** Commelinaceae

COMMON NAMES Large leaf pollia

EDIBLE PARTS AND USES

Edible parts: Leaves

Older leaves are cooked and eaten but younger leaves are bitter.

DESCRIPTION

A creeping herb. It can grow 2 m tall. The leaves are 10-24 cm long. The leaf stalk forms a sheath clasping the stem. The flower clusters are in rings. The flowers are purple. The fruit are shiny brown and 4-7 mm long.

HABITAT

It is a tropical plant. It grows from sea level to 1,200 m above sea level. It suits the seasonally dry tropics.

REFERENCES

Beasley, J., 2011, Plants of Tropical North Queensland - the compact guide. Footloose publications. p 134

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b7e9303-78c4-4cd6-aa38-88946c7a6c6d