PLANT FACT SHEET

Casearia glomerata Roxb. ex DC.

GENUS *Casearia* **FAMILY** Salicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young shoots and leaves are eaten as a vegetable. They are usually cooked with rice or chicken. The harvested shoots can be stored for 4-5 days.

DESCRIPTION

A small tree. It grows 4-10 m tall. It loses its leaves during the year. The crown is spreading. The leaves are narrowly oval and 7-12 cm long by 3-5 cm wide. The leaves turn copper colour before they fall. The flowers are small and greenish yellow. They are in dense groups. They fruit is 2 cm long and oval.

HABITAT

A tropical plant. In Sikkim it grows between 1,000-1,700 m above sea level.

NOTES

There are 160-180 Casearia species. They are mostly in South America. 75 occur in tropical America. They have also been put in the plant family Flacourtiaceae.

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