PLANT FACT SHEET

# *Costaria costata* (C. Agardh) De A. Saunders

**GENUS** *Costaria* **FAMILY** Agaricaceae

**COMMON NAMES** Sujime

## EDIBLE PARTS AND USES

**Edible parts:** Seaweed

## DESCRIPTION

A seaweed.

## HABITAT

It grows in temperate waters.

## REFERENCES

Kuhnlein, H. V. and Turner, N. J., 1991, Traditional Plant Foods of Canadian Indigenous Peoples. Food and Nutrition in History and Anthropology Volume 8. Gordon and Breach. p 18

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/6b979619-b38a-449f-be46-bd33e9702826