PLANT FACT SHEET

Anisophyllea pomifera Engl. & Brehm.

GENUS *Anisophyllea* **FAMILY** Anisophylleaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are edible. The pulp is sweet and eaten fresh. The fruit are flavoured like a nectarine.
The ripe fruit are also soaked in warm water then squeezed and filtered to make a drink. Sugar in added.

DESCRIPTION

An evergreen shrub or tree. It can grow 12 m high. The trunk is 50 cm across. The bark is usually smooth. It peels off in thin scales. Young parts have yellow-brown curly hairs. The leaves are simple, opposite, leathery and shiny above. The leaf blade is 4-8 cm long by 2-5 cm wide. They are oval. The flowers are bisexual and have 4-5 flower parts. The petals are white or yellow. The fruit are about 5 cm across and are red. They are edible.

HABITAT

It is a tropical plant. It grows in sandy or rocky soils. It grows between 600-1,600 m altitude. It suits the seasonally dry tropics.

PRODUCTION

Cultivation

Plants can be grown from seeds but seeds germinate poorly. Plants can be grown from root suckers.

Harvesting and Seed Production

In Tamzania fruit are collected from September to December. The fruit are not stored.

REFERENCES

Flora Zambesiaca. http://apps.kew.org/efloras Vol. 4 p. 81

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 8

Global Plants JSTOR

Ichikawa, M., 1980, The Utilization of Wild Food Plants by the Suiei Dorobo in Northern Kenya. J. Anthrop. Soc. Nippon. 88(1): 25-48 - Vegetables of African hunters

Lewis, J., 1956, Flora of Tropical East Africa.

Mpasiwakomu, R. A., 2017, The Diversity and Utilization of Wild Edible and Medicinal Plant Species found in Uvinza Miombo Woodlands, Tanzania. M. Sc. thesis University of Tanzania.

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 53

Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, Edible Wild Plants of Tanzania. RELMA p 134

Williamson, J., 2005, Useful Plants of Malawi. 3rd. Edition. Mdadzi Book Trust. p 25

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6b9ff375-6f52-41e2-927b-cbfc62cb47ce