PLANT FACT SHEET

Inga rubiginosa (Rich.) DC.

GENUS *Inga* **FAMILY** Fabaceae

COMMON NAMES Pois sucre

EDIBLE PARTS AND USES

Edible parts: Fruit, seeds - aril, pod

The aril of fleshy layer around the seeds is eaten raw.

DESCRIPTION

A medium sized tree. The young leaves and branches have dense red brown hairs. The flowers are large and yellow and in loosely clustered spikes. The fruit is a long pod. It has reddish-brown hairs. The pulp around the seeds is white.

HABITAT

It is a tropical plant. It grows in secondary and mixed forests.

PRODUCTION

Cultivation

Plants grow easily from fresh seeds. Seeds germinate in 1-2 weeks given moisture and shade.

NOTES

Also as Mimosaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6bacbe0b-b9e9-4d4a-b02f-9b86366e6772