PLANT FACT SHEET

Brassica oleracea L.

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Wild cabbage

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves are slightly bitter unless cooked in 2 changes of water.
The flower buds and green, undeveloped seed pods are stir-fried and eaten.

DESCRIPTION

A cabbage family herb. It is an annual plant. It grows 1.2 m high and spreads 1 m wide. The stem is erect and woody and branching. The lower leaves are large and rounded and have lobes. The leaves on the stem are narrow and sword shaped. The flowers are creamy yellow and have 4 petals.

HABITAT

A temperate plant. It will grow in most soils. It is frost resistant but damaged by drought. Tasmania Herbarium. In Yunnan.

NOTES

There are about 30 Brassica species and many cultivated varieties.

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