PLANT FACT SHEET

Heracleum hemsleyanum Diels

GENUS *Heracleum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves and stems are boiled or stir-fried.

DESCRIPTION

A herb. It grows 1-1.5 m tall. It has a single stem that is 7 mm thick at the base. The leaves at the base have long leaf stalks 25 cm long. The leaves have 3-5 leaflets. These are 8-13 cm long by 4-10 cm wide. They have lobes.

HABITAT

It is a subtropical plant. In Yunnan.

REFERENCES

Cheng, Z., et al, 2022, Ethnobotanical study on wild edible plants used by Dulong people in northwestern Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2022) 18:3

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6be678e6-77e2-4cd0-af17-9757ae5bc468