PLANT FACT SHEET

Mentha haplocalyx Briq

GENUS *Mentha* **FAMILY** Lamiaceae

COMMON NAMES A ji duo, Chinese mint

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - flavouring

DESCRIPTION

A herb. It grows 30-60 cm tall. The stems are slightly rough and 4 sided. They are hairy in the upper section. The leaves are oblong and 3-5 cm long by 1-3 cm wide. They have a few coarse teeth.

HABITAT

It is a temperate plant. It grows in wetlands. In Sichuan.

NOTES

It is also used as a medicine.

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