PLANT FACT SHEET

Attalea insignis (Mart.) Drude

GENUS *Attalea* **FAMILY** Arecaceae

COMMON NAMES Yagua palm, Contillo palm

EDIBLE PARTS AND USES

Edible parts: Fruit, Shoots - salt, Vegetable, Seeds

The shoots are burnt for vegetable salt.

DESCRIPTION

A solitary palm. The stem is short or underground. There are 9-11 leaves in the crown. They have leaflets along the stalk. The leaf stalks are long. They can be 1.6-3.3 m long. The leaflets are arranged irregularly in clusters. They spread in different planes. The flowering shoot is from among the leaves. It is erect and on a long stalk. The fruit is oval to oblong and 7-7.5 cm long by 3.5-4 cm wide. They are brownish and have 2-3 seeds.

HABITAT

A tropical plant. It grows in lowland rainforests and up to 600 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6c37c213-9882-4e08-b4d6-c55d0f4e87ec