PLANT FACT SHEET

Rheum tibeticum Maxim. ex Hook.f.

GENUS *Rheum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: leaves

The leaf stalks are sour and eaten raw.

DESCRIPTION

A herb. The leaves are at the base. The leaf stalks are 10-20 cm long. The leaves are round to heart shaped. They are 10-35 cm long by 11-30 cm wide. The outer parts of the flower is light purple red The anthers are yellow to dark brown. The fruit are oval and 10 mm long by 8-9 mm wide.

HABITAT

It is a cold temperate plant. It grows between 2,500-4,000 m above sea level.

REFERENCES

Angmo, D., et al, 2022, Ethnobotanical Survey of Wild Edible Plants of Leh District, Ladakh. Defence Life Science Journal, Vol. 7, No. 4, October 2022, pp. 257-266

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6c39d5b8-1625-4330-aaa3-1a12b07680ca