PLANT FACT SHEET

Rhamnus alpina L.

GENUS *Rhamnus* **FAMILY** Rhamnaceae

COMMON NAMES Alpine buckthorn

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten as a snack.

DESCRIPTION

A shrub or small tree. It grows 4 m tall. The leaves are 4-10 cm long. They are broadly oval and have 10-20 pairs of side veins. The leaves have teeth along the edges. The fruit are 4-6 mm across and black.

HABITAT

It is a temperate plant. In the Balkans it grows between 600-1,400 m above sea level.

PRODUCTION

Cultivation

Plants are grown by seed.

REFERENCES

Pieroni, A. et al, 2013, One century later: the folk botanical knowledge of the last remaining Albanians of the upper Reka Valley, Mount Korab, Western Macedonia. Journal of Ethnobiology and Ethnomedicine. 9:22

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6c4153b7-9167-4d08-a7e3-cdd8a6f5cecb