PLANT FACT SHEET

Salvia gesneriiflora Lindl.

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Grapefruit sage

EDIBLE PARTS AND USES

Edible parts: Flowers, flower - nectar

The flowers are sweet and full of nectar and can be eaten.
They are also used for garnish and adding to salads.

DESCRIPTION

A herb or shrub. It keeps growing from year to year. The stems are woody at the base. It can grow 7.5 m tall. The flowers are red and tube shaped.

HABITAT

It is a tropical and subtropical plant. In the tropics it usually grows between 2,000-3,000 m above sea level. It is best in a sunny, well-drained position. Melbourne Botanical garden. In Hobart Botanical Gardens.

PRODUCTION

Cultivation

Plants can be cut back and will re-sprout.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 134

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Lindley & Paxton, Paxton's Fl. Gard. 2:49, t. 47. 1851

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6c43d2bc-2221-4c2d-901c-7024cfb0eeb9