PLANT FACT SHEET

Gymnocarpium remotepinnatum (Hayata) Ching

GENUS *Gymnocarpium* **FAMILY** Cystopteridaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are used as a potherb.

DESCRIPTION

A fern with a slender creeping rhizome. The fertile fronds are 20-30 cm long. The leaflets are 3 times divided and triangular. They are 10-14 cm long by 6-9 cm wide.

HABITAT

It is a temperate plant. It grows between 2,500-3,400 m above sea level in Taiwan.

REFERENCES

Luo, B., et al, 2019, Wild edible plants collected by Hani from terraced rice paddy agroecosystem in Honghe Prefecture, Yunnan, China. Journal of Ethnobiology and Ethnomedicine 15:56

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6c62530a-6765-48af-8bf9-9ec0a8d6a603