PLANT FACT SHEET

Rhynchosia himalensis Benth. & Baker

GENUS *Rhynchosia* **FAMILY** Fabaceae

COMMON NAMES Ban bhata

EDIBLE PARTS AND USES

Edible parts: Fruit

The young fruit are cooked as a vegetable.

DESCRIPTION

A trailing shrub or creeper. It is hairy. It grows over 3 m long. The leaves have stalks. The leaves have 3 leaflets which are also stalked. The side leaflets only have short stalks. They are oval. The flowers are yellow with purple veins. The occur in long stalks in the axils of leaves. The fruit is a pod. It is oblong and slightly curved. It is hairy. It has 2 seeds.

HABITAT

It is a subtropical plant. In Nepal it grows between 1000-2800 m altitude. It grows in open places. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 200 Rhynchosia species. They are tropical. Also as Papilionaceae.

REFERENCES

Flora of Pakistan. www.eFloras.org

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 398

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6ce07807-d759-41cf-a605-95b877011a64