PLANT FACT SHEET

Rydingia integrifolia (Benth.) Scheen & V. A. Albert

GENUS *Rydingia* **FAMILY** Lamiaceae

COMMON NAMES Abyssinian rose

DESCRIPTION

A shrub. It grows 4 m tall. It is much branched. The stem is angled. It often has spines at the nodes. The leaves are simple and sword shaped. They are 2-9 cm long and wedge shaped at the base. They have a white coating. There are rounded teeth along the edge. The flowers are 2-lipped with yellow lower petals and white upper petals. There are rings of 5-6 flowers.

HABITAT

It is a tropical plant. It grows inn the desert or dry shrubland. It grows between 1,300-2,800 m above sea level.

NOTES

Possibly edible. It is used as medicine. There are about 20 Otostegia species.

REFERENCES

Molla, A., Ethiopian Plant Names. http://www.ethiopic.com/aplants.htm (As Otostegia integrifolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6ce11e8f-815d-4e82-be31-4f6cb66d987a