PLANT FACT SHEET

# *Carlesia sinensis* Dunn

**GENUS** *Carlesia* **FAMILY** Apiaceae

**COMMON NAMES** Hillside fennel

## EDIBLE PARTS AND USES

**Edible parts:** Leaves - flavouring

The young plants are used for flavouring vegetable and meat dishes.

## DESCRIPTION

A herb. It keeps growing from year to year. It has an aroma. It grows 10-30 cm high. It has a stout carrot like taproot. The leaves are in a ring on slender leaf stalks 4-6 cm long. The leaf blade is oval and 3-9 cm long. There are 3 leaflets with the end one being 5-8 mm long by 1 mm wide. The flowers are white. They are in groups in the axils of leaves or at the ends of branches.

## HABITAT

It is a temperate plant.

## NOTES

There is only one Carlesia species. It is an endangered species.

## REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 593

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/6cfb53fa-7eb0-4cd3-acb5-e3b90a20b1d9