PLANT FACT SHEET

Vasconcellea parviflora A. DC.

GENUS *Vasconcellea* **FAMILY** Caricaceae

COMMON NAMES Papaya de monte

EDIBLE PARTS AND USES

Edible parts: Fruit, Root

The fruit are eaten raw
The root are cooked.

DESCRIPTION

A small plant. It grows 3 m tall and spreads 1.8 m wide. The flowers are purple. The fruit are orange or nearly red when ripe. They are small.

HABITAT

It is a tropical plant. It grows in arid regions. It suits hardiness zones 10-12.

NOTES

There are at least 22-40 species of Carica. It has disease resistance being used for breeding.

REFERENCES

Badillo, V.M., V.Van den Eynden and P. Van Damme. 2000. Carica palandesis (Caricaceae), a new species from Ecuador. Novon, 10: 4-6.

Badillo, V.M. 2000. Carica L. vs. Vasconcella St.-Hil. (Caricaceae) con la rehabilitación de este último. Ernstia, 10 (2): 74-79.

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 330

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 73

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 902

Lyle, S., 2006, Discovering fruit and nuts. Land Links. p 105

C. F. P. Martius, Fl. bras. 13(3):177. 1889

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

Smith, N., Mori, S.A., et al, 2004, Flowering Plants of the Neotropics. Princeton. p 85

Torre, de la, L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 276

Van den Eynden, V., E. Cueva and O. Cabrera. 1999. Plantas silvestres comestibles del sur del Ecuador – Wild edible plants of southern Ecuador. Ediciones Abya-Yala, Quito, Ecuador.

Van den Eynden, V., et al, 2003, Wild Foods from South Ecuador. Economic Botany 57(4): 576-603

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6d1f0108-cfe4-4a29-95b0-d381bf508d3d