PLANT FACT SHEET

Stellaria media subsp. cupaniana (Jord. & Fourr.) Nyman.

GENUS *Stellaria* **FAMILY** Caryophyllaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are roasted and used in pies.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

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Gunes, S. et al, 2018, Survey of wild food plants for human consumption in Karaisali (Adana-Turkey). Indian Journal of Traditional Knowledge. Vol. 17(2), April 2018, pp 290-298

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388 (As Stellaria cupaniana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6d749845-1543-4d60-ba9c-6c5ef6e7a586