PLANT FACT SHEET

Aralia cordata var. sachalinensis (Regel) Nakai

GENUS *Aralia* **FAMILY** Araliaceae

COMMON NAMES Sakhalin spikenard

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Stem

DESCRIPTION

A herb or shrub.

HABITAT

It is a temperate plant.

NOTES

There are about 40-55 Aralia species.

REFERENCES

V. L. Komarov, Fl. URSS 16:33, 588. 1950 (As Aralia schmidtii)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Aralia schmidtii)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6dcc8d71-d9c5-4816-8d2d-ae2fa98180ae