PLANT FACT SHEET

Erythronium americanum Ker-Gawl.

GENUS *Erythronium* **FAMILY** Liliaceae

COMMON NAMES Trout lily, Amberbell, Dog tooth violet, Prairie fawnlily, Snake lily, Yellow adder's tongue

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulbs

The young leaves are boiled for 5-10 minutes then served with vinegar. They are also eaten raw in salads.
The bulb like corms are boiled for 15-20 minutes and served with butter.
The flower stalks, flower buds and flowers are eaten raw or cooked.

DESCRIPTION

A bulb plant. It grows 10-25 cm high and spreads 8-15 cm wide. The leaves fan outwards and are mottled purple. The flowers occur singly. They are yellow and bell shaped. They are nodding. The plant goes dormant in early summer.

HABITAT

It is a temperate plant. It grows in rich, moist forests and in valley bottoms. It suits hardiness zones 3-9.

NOTES

There are about 22 Erythronium species.

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