PLANT FACT SHEET

Afrocarpus gracilior (Pilg.) C. N. Page

GENUS *Afrocarpus* **FAMILY** Podocarpaceae

COMMON NAMES African fern pine, East African yellowwood

EDIBLE PARTS AND USES

Edible parts: Fruit - aril

The fleshy layer around the seeds is eaten.

DESCRIPTION

A medium sized tree. It grows 20-40 m tall. The trunk is 50-80 cm across. The leaves are sword shaped and arranged in spirals. They are 2-6 cm long by 3-5 mm wide. Leaves can be larger in young tree. The seed cones have a single seed 2 cm across. This has a thin fleshy coating. The mature seed is purple. The cones can occur singly or in clusters or 2 or 3.

HABITAT

It is a tropical plant. It grows in tropical mountain forest.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 24

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6e562972-c136-4dcd-8c07-8912da108ae5