PLANT FACT SHEET

Rumex venosus Pursh

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Sour greens, Veined dock, Veiny Dock, Wild begonia, Winged dock

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The young stems are eaten like rhubarb.

DESCRIPTION

A small herb. It grows 10-45 cm high. It has woody rootstock that forms runners. The leaves are alternate and simple. The stipules form sheaths. The leaves are 5-12 cm long. The flowers are greenish and small. Many flowers occur together in clusters at the ends of the stalk. The fruit is 3 angled. They are papery and with strong veins.

HABITAT

It is a temperate plant. It grows in dry sandy soil.

NOTES

There are about 200 Rumex species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Anderson, B. A., (Rev.) 1996, Desert Plants of Utah. Utah State University Extension p 20

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994)

Cormack, R. G. H., 1967, Wild Flowers of Alberta. Commercial Printers Edmonton, Canada. p 78

Fl. Amer. sept. 2:733. 1813-1814

MacMahon, J.A., 1990, Deserts. Audubon Society Nature Guides. Knopf. p 359 Plate 46

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 499

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6e72309c-c7d1-4b99-9942-358e9560062d