PLANT FACT SHEET

Sagittaria rigida Pursh.

GENUS *Sagittaria* **FAMILY** Alismataceae

COMMON NAMES Sessilefruit Arrowhead

EDIBLE PARTS AND USES

Edible parts: Root

The tubers are boiled and eaten.

DESCRIPTION

The flower group is 10-80 cm long. There are 2-8 flowers. They are in rings up the stem. The higher flowers have stalks and are male while the lower flowers do not have stalks and are female.

HABITAT

It is a temperate plant. It grows in the shallows of swamps and ponds.

REFERENCES

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Morley, B. & Everard, B., 1970, Wild Flowers of the World. Ebury press. Plate 166

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6eae9567-0122-4f3f-8d17-1b92630bc4a8