PLANT FACT SHEET

Blepharis edulis (Forssk.) Pers.

GENUS *Blepharis* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

The leaves and seeds are eaten as a vegetable.

DESCRIPTION

A spiny herb. It can be erect or lie along the ground. It grows 50 cm tall. It has soft, grey hairs. The leaves have teeth along the edge and they have prickles attached to them. The flowers have long spiny bracts. The flowers are yellow. The fruit capsules have 2 heart shaped seeds. They are brown and shiny.

HABITAT

It grows in Mediterranean and tropical places. It suits arid and semi-arid locations. It can grow in sands and gravels. It can grow in arid places.

NOTES

It is also used to clarify water.
It is also used for medicine.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6eb9ef0d-52b6-4788-a30f-d9a4cf193166