PLANT FACT SHEET

# *Alectoria fremontii* Tuck

**GENUS** *Alectoria* **FAMILY** Parmeliaceae

**COMMON NAMES** Black moss

## EDIBLE PARTS AND USES

**Edible parts:** Lichen

The lichen is steamed overnight and then eaten.

## DESCRIPTION

A lichen.

## HABITAT

It is a temperate plant. It grows on Douglas fir tree. It occurs on mountain slopes at about 1,000 m above sea level.

## REFERENCES

Turner, N., 1972, (Reference Tropicos)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/6eca3c3e-4076-4339-974b-acc855423fcc