PLANT FACT SHEET

Echinops giganteus A. Rich.

GENUS *Echinops* **FAMILY** Asteraceae

COMMON NAMES Giant Japanese butterbur

EDIBLE PARTS AND USES

Edible parts: Root - spice

DESCRIPTION

A shrub. The flowers are white.

HABITAT

It is a tropical plant. It grows in grassland. In Nigeria it has been recorded at 1,670 m above sea level.

REFERENCES

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Chapman, J. D. & Chapman, H. M., 2001, The Forest Flora of Taraba and Andamawa States, Nigeria. WWF & University of Canterbury. p 172

Mercy, N. A., et al, 2016, Survey of Wild Vegetables in the Lebialem Highlands of South Western Cameroon. Journal of Plant Sciences 4(6): 172-184

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6efb3e7d-47b8-4562-84e2-5584806c6e17