PLANT FACT SHEET

Edibility uncertain
It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Conocarpus erectus L.

GENUS *Conocarpus* **FAMILY** Combretaceae

COMMON NAMES Buttonwood

EDIBLE PARTS AND USES

Edible parts: Vegetable, Medicine

DESCRIPTION

A shrub or tree. It is often 1-4 m tall but can grow 20 m tall. The trunk can be 1 m across. The bark is thick and has broad plates. The leaves are simple and arranged alternately. The leaves are narrowly oval. They are 2-7 cm long by 1-3 cm wide. The flowers are small and green. The fruit are clusters of small winged seeds. They are like buttons. The seeds float.

HABITAT

It is a tropical plant. It grows along the coast. It is resistant to salt spray. It grows in mangroves. It can grow up to 700 m above sea level. It needs to be in a sunny position.

PRODUCTION

Cultivation

Plants are grown from seed. It can be used for a hedge.

REFERENCES

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 560

Kew Plants of the World Online

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6f140b35-368f-44e9-b0df-1324dcb80cb9