PLANT FACT SHEET

Vallea stipularis L. f.

GENUS *Vallea* **FAMILY** Elaeocarpaceae

COMMON NAMES Stipulate vallea

EDIBLE PARTS AND USES

Edible parts: Root, Leaves, Flowers

The root is used for flavouring corn dishes.

DESCRIPTION

A tree.

HABITAT

A tropical plant. In Argentina it grows between 1,500-4,000 m above sea level.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6f15f8e8-a0fb-44e8-8251-b5f6234086d4