PLANT FACT SHEET

Viola hirta L.

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Hairy violet

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten in snacks, salads and sweets.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6f2b2291-d0c6-48bd-98ac-260d57beb3e4