PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Stachys pilosa var. pilosa

GENUS *Stachys* **FAMILY** Lamiaceae

COMMON NAMES Hairy hedge-nettle

DESCRIPTION

A herb. It grows 60 cm tall.

HABITAT

It is a temperate plant.

NOTES

There are about 300 Stachys species.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database."
http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994) (As Stachys scopulorum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6f57eb0f-9bc6-4c4f-9910-0bbb15145b05