PLANT FACT SHEET

Conioselinum pacificum (S. Watson) J. M. Coult. & Rose

GENUS *Conioselinum* **FAMILY** Apiaceae

COMMON NAMES Pacific hemlock-parsley

EDIBLE PARTS AND USES

Edible parts: Root

The carrot lie taproot is dug up, cooked and eaten.
Caution: Care is needed not to choose similar looking but poisonous plants.

DESCRIPTION

A smooth herb. It keep growing from year to year from a thick, fleshy taproot. The leaves are finely divided and broadly oval or triangle shaped. These have leaf leaflets with teeth around the edge. The leaf stalks forms a sheath around the stem. The flowers are small and white and in dense clusters. The fruit are oval and ribbed. These have broad, thin wings at the edges.

HABITAT

It grows along gravelly or sandy beaches. It is near the coastline and can be on headlands or in tidal swamps.

REFERENCES

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http://www.scs.leeds.ac.uk/pfaf/

Turner, N., 1995, Food Plants of Coastal First Peoples. Royal BC Museum Handbook p 56

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6f649e4a-e47d-4153-9fa2-542c2b0ec291