PLANT FACT SHEET

Hedychium coccineum Buch.-Ham. ex J. E. Smith

GENUS *Hedychium* **FAMILY** Zingiberaceae

COMMON NAMES Red ginger lily

EDIBLE PARTS AND USES

Edible parts: Herb, Leaves, Stems, Rhizome, Root

The young leaves are eaten fresh as a vegetable.
The rhizome is sliced into pieces and cooked with other vegetables or made into a curry.

DESCRIPTION

A ginger family herb. It grows 3 m tall. The leaves are narrowly sword shaped. They are dark green above and pale underneath. They often have a purple midrib. The flowers are orange or red.

HABITAT

A tropical plant. It suits a moist fertile soil. In XTBG Yunnan. In Queen Sirikit BG.

PICTURES



Credit: Food Plants International (Bruce French)

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