PLANT FACT SHEET

Clinopodium grandiflorum (L.) Kuntze

GENUS *Clinopodium* **FAMILY** Lamiaceae

COMMON NAMES Mint savory, Greater calamint, Showy calamint, Showy savory

EDIBLE PARTS AND USES

Edible parts: Leaves - flavour, Leaves - tea

The leaves have a mint like flavour use as seasoning.
They can be used as tea.

DESCRIPTION

A small herb that keeps growing from year to year. It grows 50 cm high and spreads 50 cm wide. The stem is erect and branching. The leaves are simple and oval. There are teeth along the edge. The flowers are pink.

HABITAT

It is a temperate plant. It needs a well drained soil. It does best in an open sunny position. It is drought and frost resistant.

PRODUCTION

Cultivation

It can be grown from seed or by division.

NOTES

There are 6 or 7 Calamintha species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6fa192a3-667c-4f96-a683-792acf2a039b