PLANT FACT SHEET

Hoffmannseggia glauca (Ortega) Eifert

GENUS *Hoffmannseggia* **FAMILY** Fabaceae

COMMON NAMES Indian rushpea, Hog potato

EDIBLE PARTS AND USES

Edible parts: Tubers, Roots

The tubers are roasted and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 5-30 cm tall. The leaves are 2-15 cm long. There are 2-6 pairs of leaflets with 4-12 leaflets on each one. They are narrowly oval and 2-11 mm long by 1-4 mm wide. The pods are curved and 3-4 cm long. There are 8-10 seeds. They are 3 mm long by 3 mm wide.

HABITAT

It is a subtropical plant. In Argentina it grows from sea level to 4,000 m above sea level. It can grow in arid places.

NOTES

Also as Caesalpinaceae.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 347 (As Hoffmannseggia stricta)

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994) (As Hoffmannseggia densiflora) (Also as Hoffmannseggia falcaria)

Cordero, S. E., Abello, L. A., & Galvez, F. L., 2017, Plantas silvestres comestibles y medicinales de Chile y otras partes del mundo. CORMA p 184

https://www.fireflyforest.com/flowers/category/edible-plants/ Edible Plants – Southeastern Arizona Wildflowers and Plants

Icon. 4(2):63, t. 392. 1798 (As Hoffmannseggia falcaria)

Illustrated Flora of Central Texas p 663

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 421

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

Malezas Comestibles del Cono Sur, INTA, 2009, Buernos Aires

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 267

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Hoffmannseggia densiflora)

Pl. wright. 1:55. 1852 (Smithsonian Contr. Knowl. 3, Art. 5) (As Hoffmannseggia densiflora)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6fd75c6c-9c78-4142-866e-0845f8e5139e