PLANT FACT SHEET

Edibility uncertain
It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Gentiana scabra Bunge

GENUS *Gentiana* **FAMILY** Gentianaceae

COMMON NAMES Japanese Gentian

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are cooked with vegetables.

DESCRIPTION

A herb. It grows 30 cm high and 20 cm wide. The stems are leafy. The leaves are in pairs and oval to sword shaped. They are 3.5 cm long. The flowers are deep blue. They are often in pairs in the axils of leaves or in clusters at the ends of branches.

HABITAT

It is a temperate plant. In eastern China it grows along river banks and in moist grasslands between 400-1,700 m above sea level.

NOTES

There are about 400 Gentiana species. It is used in medicine.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6ff0af56-a578-454a-bfd4-e6722f5b97de