PLANT FACT SHEET

Parinari sprucei Hooker. f.

GENUS *Parinari* **FAMILY** Chrysobalanaceae

COMMON NAMES Varete

EDIBLE PARTS AND USES

Edible parts: Fruit, Nuts

DESCRIPTION

A tree. It grows 20 m tall. The leaves are oval and 9-15 cm long by 5-6 cm wide. They are rounded at the base and taper to the tip. The flowers are in small groups at the ends of branches. The fruit is oblong and 5-6 cm long by 3 cm wide. They have a hard shell and fleshy pulp.

HABITAT

It is a tropical plant. It grows along rivers.

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