PLANT FACT SHEET

Mentha royleana Wall. ex Benth.

GENUS *Mentha* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The leaves are used in cooking, for chutney and as a herbal tea.

DESCRIPTION

A herb. It is slender and the leaves are narrow.

HABITAT

It is a subtropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/700bbf6e-45c6-4f7f-bc93-ec4ec43d96b0