PLANT FACT SHEET

Orchis spitzelii Saut. ex W. D. J. Koch

GENUS *Orchis* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Bulb

The bulb is used to produce salep.

DESCRIPTION

An orchid. It forms tubers/bulbs. It grows 20-50 cm tall. There are 2-9 oval leaves at the base of the stem. They are in a ring. The leaves are 6-15 cm long by 2-3 cm wide. The flowering shoot has 10-25 flowers. The flowers are dark red to purple.

HABITAT

It is a temperate plant. It grows between 500-2,100 m above sea level.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Tekinsen, K. K., and Guner, A., 2010, Chemical composition and physicochemical properties of tubera salep produced from some Orchidaceae species. Food Chemistry 121: 468-1471

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7022166d-8486-4cfa-bd3f-96bca0f822c1